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EED200

Emotional Development - 6 to 8 Year Olds

Feelings:

- More fears that are realistic replace common fears of ghosts, creatures in dark places.
- New fears revolve around school, friendships and family income.
- Ability to feel for others.
- Release tension through physical activity.
- Strong desire for affection and attention of parents.

- Strong desire to perform well, do things right
- Begins to see things from another child's point of view, but
- still very self-centered
- Finds criticism or failure difficult to handle
- Views things as black and white, right or wrong, wonderful or terrible
- Interested in rules and rituals
- May become upset when behavior or school-work is ignored
- More independence from parents and family.
- Stronger sense of right and wrong.
- Beginning awareness of the future.
- Growing understanding about one's place in the world.

Self-Image:

- Good and bad is what's approved by the family.
- Positive self-esteem grows through successful experiences.
- Sensitive to criticism and does not know how to accept failure.
- May try out new behavior to test limits
- Imitate a friend to see how it feels and who they are.

Social Development - 6 to 8 Year Olds

Play:

- Seeks a sense of security in groups, organized play, and clubs
- More independence from parents and family.
- More attention to friendships and teamwork.

- Children tend to be bossy or unhappy if they lose in a competition.
- Like to win or be first in competition.

Friends:

- Being with friends becomes increasingly important.
- More attention to friendships and teamwork.
- Growing desire to be liked and accepted by friends
- Most children have a "best friend" and often an "enemy."
- Friends are likely to be of the same sex.
- Friend influence is growing.
- Concerned about being liked by their friends.

Adult Influence:

- Tattling is one common way to attract adult attention.
- Becoming attached to another adult i.e., teacher, caregiver, club leader.

Physical Development – 6 to 8 Year Olds

Body Growth:

- Growth rate is slow and steady.
- Begin to lose baby teeth and acquire permanent teeth.
- Childhood diseases are most likely to occur (measles, chicken pox).
- Boys weigh from 45 to 65 pounds.
- Girls weigh 40 to 60 pounds.
- Normal rate increase is 3 to 6 lbs. /year.
- Skilled at using scissors and small tools
- Development of permanent teeth
- Enjoys testing muscle strength and skills
- Good sense of balance
- Can catch small balls
- Can tie shoelaces
- Enjoys copying designs and shapes, letters and numbers
- Can print name
- Long arms and legs may give gawky awkward appearance

Motor Skills:

- Greater control over large muscles - arms and legs.
- Muscular coordination is uneven and incomplete.

Sleep Requirements:

- Need 10 to 12 hours of sleep per night.
- Intense activity may bring on temporary exhaustion